

# ACTIVITIES



## IDENTIFY THE PARTS

Fill in the blanks with the correct part(s) of the wheat kernel. You will use these words:

bran

endosperm

germ

Bran

1. I am the hard outer covering of the kernel.

Germ

2. I am the smallest part of the kernel.

Endosperm

3. I am the largest part of the kernel.

Bran

4. I am made of many thin layers.

Endosperm

5. I make white flour.

Germ

6. I am where the new wheat plant begins to grow.

Bran, Germ, Endosperm

7. We make whole wheat flour.

Endosperm

8. I nourish the young plant when it starts to grow.

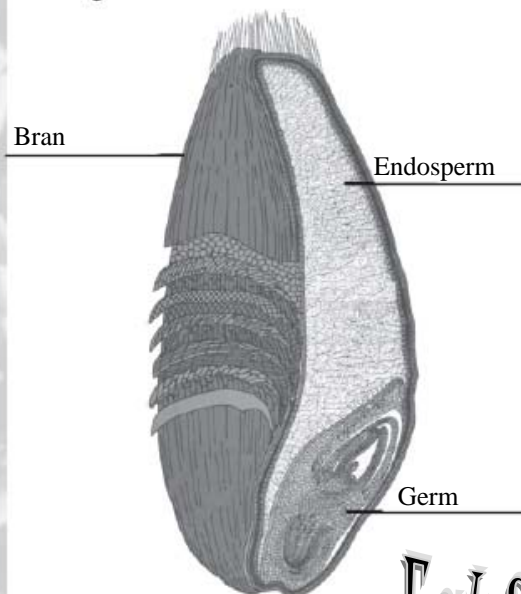
Bran

9. I am used in cereal flakes.

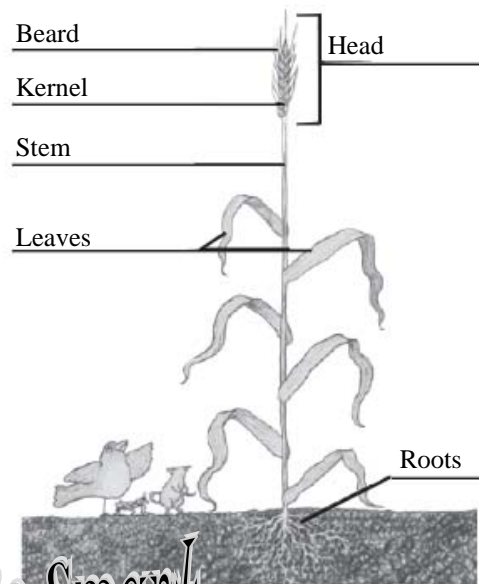
Bran

10. I am the part you touch when you hold a whole kernel of wheat.

Identify the endosperm, bran and germ of this wheat kernel?



Fill in the parts of the wheat plant: leaves, head, roots, beard, stem, kernel



*Eat Smart Be Smart*